

# fish soup noodle/rice

# 魚湯米線, 粉麵飯

served all day

## 麵/粉/飯 noodle/rice

F1	魚湯蕎麥麵	Fish Soup with Buck Wheat Noodle	8.00
F2	魚湯米線	Fish Soup with Rice Noodles	7.50
F3	魚湯台式米粉, 粉絲	Fish Soup with Taiwanese Noodles	7.50
F4	魚湯烏冬	Fish Soup with Udon	8.00
F5	魚湯泡五谷飯	Fish Soup with Five Grain Rice	8.00

每碗可選材料2款, 配菜2款. 另加每款 \$1.

Choose: Below - 2 Vegetable items, 2 Meat or Fish items. Additional items \$1.00 each.

## 菜類 vegetable

## 肉, 魚類 meat & fish

蕃茄 Tomato	牛腩片 Beef Flank
磨菇 Mushroom	AAA牛脊肉片 AAA Striploin
金針菇 Enoki	牛仔骨 Beef Rib
高麗菜 Baby Cabbage	滑牛肉 Sliced Beef
A菜 A Lettuce	滑雞片 Sliced Chicken
白菜苗 Baby Bok Choy	雞扒 Chicken Steak
上海白菜 Shanghai Bok Choy	雞中翼 Chicken Wings
芽菜 Bean Sprout	豬扒 Pork Chop
生菜 Lettuce	豬頸脊 Pork Cheek
南瓜片 Slice Squash	火腿片 Ham
	腸仔 European Wiener
	魚片 Fish Filet
	魚旦 Fish Balls
	魚腐 Fish Tofu

# mixed grill

# 拼拼扒

served all day

A	日式豬扒拼牛仔扒	Japanese Pork Cutlet & Veal Scallopini	9.95
B	韓汁牛仔骨拼香茅雞柳串(2串)	Korean BBQ Beef Ribs & Lemongrass Chicken Skewers (2)	9.95
C	香煎雞扒拼海鹽燒牛腩	Grilled Chicken Steak & Sea Salt Grilled Beef Ox-Tongue	9.95
D	安格斯牛扒拼龍利魚扒	Angus Beef Steak & Sole Filet	14.95
E	沙文魚扒拼老虎大蝦串(2串)	Salmon Filet & Tiger Prawn Skewers (2)	14.95
F	瑞士汁鴨胸拼澳洲香腸	Grilled Duck Breast & Australian Wiener	14.95

選擇: 磨菇, 黑椒, 蒜茸, 洋蔥汁

sauses: mushroom, black pepper, garlic, onion

以上包括是日餐湯. 配白飯或意粉或薯條. 改時菜加 1.00. 加 2.00 可配時菜/白飯/意粉/薯條

chef's special served with soup of the day, rice or spaghetti or french fries

only with seasonal vegetables add 1.00

seasonal vegetables + rice or spaghetti or french fries add 2.00

如要改拼, 另加 3.00

add 3.00 to change any meat item

# flo set lunch

午餐

11am to 5pm

## western lunch

西式午餐

L1	煎焗龍利柳配薄牛扒	grilled sole fillet & mini steak	9.00
L2	沙丹豬扒飯	grilled pork chops, ham, & fried egg on rice	8.75
L3	特采白汁焗飯或意粉	house special baked rice or spaghetti in cream sauce	8.75
L4	葡汁焗鴛鴦飯	baked chicken & seafood in portuguese sauce on rice	9.00
L5	香茅雞扒拼明蝦飯	lemongrass chicken & prawns on rice	9.00
L6	香焗龍鳳球意粉	baked chicken & prawns on spaghetti	9.00
L7	西冷牛扒蘑菇汁配飯或意粉	grilled sirloin steak with mushroom sauce on rice or spaghetti	9.00
L8	法式酥炸龍利柳配薄牛扒飯	french style deep fried sole fillet with mini steak on rice	9.00

## light favorites

輕便餐

L9	茄汁野菌牛柳絲天使麵	shredded beef with mushroom on capellini	7.75
L10	莧菜斑塊焗飯	baked sole fillet with spinach on rice	7.50
L11	咖喱豬扒飯	curry pork chop on rice	7.50
L12	檸檬雞柳天使麵	chicken breast with lemongrass on capellini	7.50
L13	三文魚柳大蝦燴飯	salmon filet & prawns on rice	8.50

## eastern lunch

中式午餐

L14	肉絲炒麵	shredded pork chow mein	7.99
L15	三巴蝦豆仔飯	sambal green bean with shrimp on rice	8.95
L16	味菜涼瓜牛肉飯	beef with bitter melon & preserved cabbage on rice	8.75
L17	梅菜肉絲炒飯	shredded pork with preserved cabbage fried rice	8.25
L18	瑤柱蛋白炒飯	dried scallop & egg white fried rice	8.99
L19	炸菜肉絲炆米	shredded pork pickled vegetable braised vermicelli	8.25
L20	一品鍋泡飯	superior tofu rice with soup	8.95
L21	雞蛋蕃茄牛肉飯	beef, tomato, and egg on rice	8.25
L22	星州炒米	singapore style fried vermicelli	7.99
L23	魚香茄子炆伊麵	spicy minced pork with eggplant braised yee-mein	8.75
L24	燒雞扒豉汁炒粗麵	grilled chicken steak with black bean sauce pan fried thick noodle	8.95

以上包括是日餐湯, 咖啡或奶茶. 凍飲加 \$0.50, 珍珠奶茶加 \$2.00

With soup of the day, hot coffee or tea included. Extra \$0.50 for cold drinks. Bubble tea extra \$2.00

所有午餐改粉麵加 \$1.00 改肉類加 \$2.00

All lunch specials: Change rice or noodle + \$1.00. Change meat + \$2.00

# flo set dinner

晚餐

## chef's special

廚師精選

5pm to closing

C1	安格斯牛柳, 鵝干醬	angus beef tenderloin with goose liver pate	14.75
C2	安格斯西蘭牛扒, 大蝦	angus new york steak with prawns	14.75
C3	鐵板鴛鴦扒	pork chop & chicken steak on sizzling hot plate	10.99
C4	酥炸龍利柳配牛仔骨	deep fried sole fillet & grilled beef ribs	9.95
C5	非洲雞扒	cajun chicken steak	9.75
C6	香檸牛油汁三文魚	grilled salmon with lemon butter	9.75

選擇: 蘑菇, 黑椒, 蒜茸, 洋蔥汁

sauses: mushroom, black pepper, garlic, onion

以上包括是日餐湯. 配白飯或意粉或薯條. 改時菜加 1.00. 加 2.00 可配時菜 / 白飯 / 意粉 / 薯條

chef's special served with soup of the day, rice or spaghetti or french fries

only with seasonal vegetables add 1.00

seasonal vegetables + rice or spaghetti or french fries add 2.00

## hot pot

火鍋類

H1	安格斯牛脊片火鍋	angus beef sliced striploin in hotpot	9.75
H2	魚湯海鮮泡菜火鍋 (辣)	kimchi with seafood & bbq pork in fish soup hotpot	9.25
H3	南瓜雞球魚腐火鍋	squash with sliced chicken & fish tofu hotpot	9.25

火鍋跟 2 小碟豆或青菜和飯

hot pot served with 2 side dishes of vegetables & rice

## set dinner

晚餐

5pm to closing

D1	菠菜海鮮白汁 燴寬條麵	fettucini with seafood & spinach cream sauce	8.95
D2	亞采公司 燴意粉	flo house special spaghetti with tomato sauce	8.95
D3	芝士焗豬扒飯	baked pork chops with cheese on rice	8.50
D4	焗肉醬意粉	baked spaghetti with meat sauce	7.95
D5	芝士焗海鮮飯	baked seafood with cheese on rice	8.95
D6	焗葡國雞飯	baked portuguese chicken on rice	8.50
D7	莧菜焗斑塊飯	baked cod filet with spinach on rice	8.50
D8	咖喱羊肉飯	curry lamb on rice	8.95
D9	咖喱牛腩雞球飯	curry beef brisket or sliced chicken on rice	7.95
D10	香蒜蝦仁炒飯	garlic shrimp fried rice	8.95
D11	三巴蝦豆仔飯	sambal green bean and shrimp on rice	9.25
D12	雙菇雞絲炒麵	chicken & dual mushroom chow mein	8.25
D13	豉汁豬頸脊炒粗麵	pork cheek with black bean sauce braised thick noodles	8.95
D14	梅菜肉絲炒飯	shredded pork with preserved cabbage fried rice	8.75
D15	馬拉盞牛肉炒飯	sambal beef fried rice	8.25
D16	魚香茄子肉絲炒伊麵	spicy eggplant & shredded pork braised yee-mein	9.25

以上包括是日餐湯

set dinner served with soup of the day

2:00pm to 5:30pm, 9:00pm to closing

M1	火腿蛋三文治 {跟薯條}	ham & egg sandwich with fries	6.25
M2	蘑菇汁鴛鴦扒飯	pork chop & chicken steak w/ mushroom sauce on rice	7.75
M3	黑椒汁薄牛扒飯	minute steak with black pepper sauce on rice	7.25
M4	黑椒汁牛仔骨飯	beef short ribs with black pepper sauce on rice	7.25
M5	洋蔥汁豬扒飯	onion sauce with pork chop on rice	7.25
M6	焗肉醬意粉	baked spaghetti with meat sauce	7.00
M7	白汁火腿雞絲焗意粉	baked ham & chicken with cream sauce on spaghetti	7.00
M8	焗葡國雞飯	baked portuguese chicken on rice	7.25
M9	焗雞扒飯	baked chicken steak on rice	7.25
M10	白汁芝士焗海鮮飯	baked seafood with cheese & cream sauce on rice	7.25
M11	芝士焗豬扒飯	baked pork chops with cheese on rice	7.25
M12	焗莧菜魚柳飯	baked sole fillet with spinach sauce on rice	7.00
M13	干炒牛河	pan fried rice noodle with sliced beef	7.00
M14	炒貴刁 {辣}	special fried kui-teou {spicy}	7.00
M15	干炒黑椒牛肉意粉	pan fried black pepper spaghetti with sliced beef	7.00
M16	干炒咸酸菜肉絲米	pan fried vermicelli with preserved vegetable & pork	7.00
M17	星州炒米 {辣}	singapore style pan fried vermicelli {spicy}	7.00
M18	豉椒牛肉炒麵	black bean sauce & sliced beef chow mein	7.00
M19	星加坡叻沙	singapore laksa	8.50
M20	馬拉盞海鮮炒飯	malaysian sambal seafood fried rice	8.50
M21	馬來炒麵	mee goreng {spicy}	7.50
M22	馬來炒飯	nasi goreng {spicy}	7.50
M23	海南雞飯	hainanese chicken on rice	7.50
M24	印尼炒飯	indonesian fried rice	7.50
M25	肉絲炒麵	shredded pork chow mein	7.00
M26	雞扒湯米	chicken steak with vermicelli in soup	6.50
M27	大排擋湯麵	dai pai dong noodles in soup	6.50
M28	魚蛋片湯河	fish ball & fish cake with rice noodles in soup	6.00
M29	沙爹牛肉湯河	satay beef with rice noodles in soup	6.00
M30	四川牛肉湯河 {辣}	szechuen beef with rice noodles in soup {spicy}	6.50
M31	上湯菜肉雲吞	pork & vegetable wonton in soup	7.00
M32	咖喱牛腩或雞球飯	curry beef brisket or sliced chicken on rice	7.50
M33	蕃茄牛肉飯	tomato with sliced beef on rice	7.00
M34	魚香茄子飯 {辣}	minced pork & eggplant in spicy sauce on rice	7.00
M35	涼瓜牛肉飯	bitter melon with sliced beef on rice	7.25
M36	滑蛋牛肉飯	swirl egg with sliced beef on rice	7.00
M37	粟米斑塊飯	sole fillet with corn on rice	7.25
M38	揚州炒飯	yang chow fried rice	7.25
M39	生炒牛肉飯	minced beef on fried rice	7.25
M40	西多士加雪糕	french toast with ice cream	4.75
M41	葡式豬扒包+薯條	portuguese pork chop bun with fries	5.75
M42	小食拼盤 (2炸雞亦, 1春卷, 1薄餅)	appetizer platter (2 chicken wings, 1 spring roll, 1 roti)	6.75
M43	台式炒米粉+粉絲	taiwanese fried rice noodle & vermicelli (with chicken, shrimp, ham)	7.75

以上包括咖啡或奶茶。凍飲加\$0.50。珍珠奶茶加\$2.00

Hot coffee or tea included. Extra \$0.50 for cold drinks. Bubble tea extra \$2.00

如有任何改餐將按餐加價

Any changes or substitutions are subject to extra charges.

如有改粉麵飯或者意粉加\$1.00

Extra \$1.00 to change rice/noodle

改肉類加 \$2.00

Extra \$2.00 to meat