

# flo tea room

last updated: June 2, 2011

## main menu

### 采式小食

### flo snacks

蒜蝦春卷 {2條}	garlic shrimp spring rolls	4.95
鍋貼 {6只}	pork potsticker {6 pcs}	4.95
海帶絲	shredded seaweed	4.25
麻辣豬耳	spicy pork ear	4.75
海蜇皮	shredded jellyfish	4.25
小黃瓜	cold cucumber in garlic & spicy sauce	4.25
涼拌三絲	assorted shredded seaweed, jellyfish, & ham	4.95
椒鹽豆腐	salty & chili tofu	4.95
椒鹽雞	salty & chili chicken	5.95
椒鹽雞膝	salty & chili chicken knee joint	4.95
炸甜不辣	deep fried fish cake in special sauce	4.25
炸龍珠	deep fried fish balls	4.95
炸豆腐	deep fried tofu	4.95
鹽酥雞	crispy salt & pepper chicken	5.95
炸雞中翼	deep fried chicken winglets	4.95
炸銀絲卷 {1條}+煉奶	deep fried bun with condensed milk	3.50
炸雲吞	deep fried wonton	4.75
炸魚薯條	fish & chips	5.95
炸薯條	french fries	3.00
毛豆	edamame beans	4.50
手撕雞	cold shredded chicken	5.95
咖哩魚蛋	curry fish ball	4.95
滷豆干	marinated bean curd	3.50
滷大腸	marinated pork bung	4.75
滷蛋	marinated egg	3.25

### 沙律 | 湯類

### salad | soup

有機菜沙律	organic green salad	5.25
凱撒沙律	caesar salad	5.25
周打海鮮湯	seafood chowder	4.95
南瓜海鮮湯	seafood bisque with squash	4.95
羅宋湯	russian borsch	4.95
是日餐湯	soup of the day	3.75

### 三文治

### sandwich

公司三文治	club house sandwich	7.95
葡式豬扒包	pork chop bun portuguese	6.25
火腿蛋三文治	ham & egg sandwich	5.95
sandwiches served with french fries or house salad 三文治跟炸薯條或沙律		

### 多士

### toast

西多士	french toast	3.75
奶油多士	condensed milk & butter on thick toast	4.50
奶醬多士	condensed milk & peanut butter on thick toast	4.50

奶酥多司	milk toast	4.50
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素菜類	vegetarian
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素三絲扒腐皮	bean skin with 3 vegetables julienne	8.95
蜜豆百合炒雜菌	honey bean, lily pod, mixed mushroom	9.95
雜菌扒雙蔬	mixed mushroom with two vegetables	8.95
冬林上素	superior mixed vegetables	8.95
荷芹藕片雪耳	snow pea, celery, lotus root stir fried snow fungus	9.95
北菇西蘭花玉子豆腐	broccoli with chinese mushroom & egg tofu	8.95
沙茶金菇素火腿炒河	satay vegetarian ham & enoki fried rice noodle	8.95
鮮雜菌炒麵	fresh mixed mushroom chow mein	7.99
白汁鮮雜菌燴意粉	spaghetti with fresh mixed mushrooms in cream sauce	8.95
南瓜素菜雜菌火鍋	squash with mixed mushroom hot pot	8.95
雜菜豆腐豆漿烏冬火鍋	tofu udon soy milk hot pot	7.99
清炒雜菜	mixed vegetable	小 small \$6.50 大 large \$8.50
蒜茸炒白菜苗	garlic pan fried baby bok choy	小 small \$7.50 大 large \$9.50

火鍋類	hot pot
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羊肉片火鍋	sliced lamb hot pot (seasonal)	9.25
海鮮豆腐火鍋	seafood & tofu hot pot	9.25
手切肥牛火鍋	hand sliced beef hot pot	9.25
一品豆腐火鍋	superior tofu hot pot	9.25
藥膳雞火鍋	chicken & chinese herbs hot pot	8.95
五更腸旺火鍋	spicy organ hot pot	7.99
五更牛腩火鍋	spicy beef flank & organ hot pot	7.99
大排擋火鍋	dai pai dong mixed hot pot	8.95
牛奶海鮮火鍋	milky seafood & pork hot pot	9.25
素菜豆腐火鍋	vegetarian tofu hot pot	7.99
安格斯牛脊片火鍋	AAA angus beef slice hot pot	9.75
南瓜雞球魚腐火鍋	squash, chicken, fish tofu hot pot	9.75
魚湯海鮮泡菜火鍋	seafood, kimchi, fish soup hot pot	9.75
南瓜素菜雜菌火鍋	squash with mixed mushroom hot pot {vegetarian}	8.95
雜菜豆腐豆漿烏冬火鍋	vegetarian, tofu udon soy milk hot pot {vegetarian}	7.99

served with 2 side dishes of vegetables & rice 跟2小碟配菜和飯

生活套餐	set meals
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四川麻辣雞套餐	szechuan chicken set meal	7.25
宮保雞丁套餐	spicy diced chicken with cashews set meal	7.25
香蒜蜜汁雞套餐	honey garlic chicken set meal	7.25
蜜汁牛仔骨套餐	honey beef short ribs set meal	7.25
薑蔥爆牛肉套餐	sliced beef with ginger & green onion set meal	7.25
咕嚕肉套餐	sweet & sour pork set meal	7.25
滷肉,滷蛋,滷大腸套餐	marinated pork, eggs, & pork bung set meal	7.25
干扁四季豆套餐	green beans with minced meat set meal	7.25
回鍋肉套餐	sliced spicy pork with peppers set meal	7.25
魚香茄子套餐	spicy minced pork with eggplant set meal	7.25

served with 2 side dishes of vegetables & rice 跟2小碟配菜和飯

精采西餐	western entrée
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大雜扒 {雞扒,豬扒,牛腩,腸仔,煎蛋}	jumbo mixed grills {chicken, pork chop, ox-tongue, sausage, fried egg}	16.50
沙文魚威靈頓	salmon wellington with prawns, crab filet in puff pastry	14.75
安格斯牛柳配鵝肝醬	angus beef tenderloin with french rouge goose liver pâté	16.50
安格斯西冷牛扒配珍寶帶子	angus new york steak with jumbo scallops	18.50
酥炸龍利配雞扒	deep fried sole filet with chicken steak	10.75
香蒜牛仔骨配大蝦	garlic beef short ribs & prawns	12.75
楓樹糖焗德國鹹豬手	maple syrup baked german pork hock	12.75

above served with soup of the day, rice or spaghetti or french fries

only with seasonal vegetables add 1.00

以上包括是日餐湯. 配白飯或意粉或薯條.

saucers: mushroom, black pepper, garlic, onion

選擇: 蘑菇, 黑椒, 蒜茸, 洋蔥汁

龍蝦汁雞胸天使麵	chicken breast lobster sauce on capellini	9.95
奶油忌廉焗火腿雞絲意粉	baked shredded chicken & ham on spaghetti w/ cream butter sauce	8.25
南瓜汁海鮮長通粉	seafood with squash purée on penne	10.95
黑椒牛柳絲炒天使麵	shredded beef with black pepper stir fried capellini	9.95
香草大蝦燴意粉	prawns with pesto on spaghetti	9.95
焗葡汁雞球牛坑腩飯	baked chicken & beef flank slice on rice with portuguese sauce	8.75
意大利牛仔肉配五谷飯	veal scallopini with lemon olive oil on five grain rice	9.95
焗龍蝦汁海鮮飯	baked seafood with lobster sauce on rice	10.95
焗肉醬煙肉雞扒意粉	baked spaghetti bolognese with chicken & bacon	8.75

## 小菜類

## special eastern entrée

干扁四季豆	green beans with minced meat	9.95
西蘭花燴牛肉	pan fried broccoli with sliced beef	9.95
三杯雞	chicken with 3 sauces	9.95
黃金檸檬雞	golden lemon chicken	9.95
合桃雞丁	chicken with walnuts	9.95
香芒雞柳	chicken with fresh mango	10.95
左宗唐雞	spicy crispy chicken	9.95
香蒜蜜汁雞	honey garlic chicken	9.95
泰式酸辣雞	thai hot & sour chicken	9.95
夏威夷小炒	chicken with hawaiian nut & pineapple	10.95
回鍋肉	stir fried double boiled pork	9.95
咕嚕肉	sweet & sour pork	9.95
士多啤梨豬扒	strawberry pork chops	10.95
XO醬炒牛腩	beef tongue with XO sauce	9.95
糖醋魚塊	sweet & sour fish filet	10.95
豉汁三色瓜沙文魚	salmon filet with 3 melons in black bean sauce	10.95
露荀蝦仁	prawns with asparagus	12.95
濃情分不開 {沙律大蝦球}	sticky prawns in salad sauce	12.95

served with rice 跟飯

## 精采中餐

## eastern entrée

招牌燴飯或炒麵	house special fried rice or chow mein	9.75
干炒肉絲米粉	shredded pork pan fried vermicelli	7.95
雞絲炒麵	shredded chicken chow mein	7.95
西蘭花牛肉炒麵	broccoli and beef chow mein	8.95
干炒味菜雞絲米	shredded chicken & preserved vegetable pan fried vermicelli	7.95
干炒牛河	sliced beef pan fried rice noodle	7.95

馬拉盞干炒雞球河	sambal chicken pan fried rice noodle	8.25
星州炒米	singapore style pan fried vermicelli	7.95
馬拉盞牛肉炒河	beef with sambal sauce fried rice noodle	8.25
三絲炒烏冬	three julienne meat pan fried udon	8.25
滑蛋蝦仁燴飯	shrimp in stirred egg on rice	9.25
帶子蛋白炒飯	scallops & egg white fried rice	9.75
咖喱牛肉飯	curry beef on rice	8.25
咖喱牛腩飯	curry beef brisket on rice	8.25
咖喱雞球飯	curry boneless chicken on rice	8.25
香蒜蝦仁炒飯	garlic shrimp fried rice	8.95
生炒牛肉飯	beef fried rice	8.25
台式排骨飯	taiwanese pork chop on rice	7.95
台式雞排飯	taiwanese chicken steak on rice	7.95
蕃茄蛋牛肉飯	beef, tomato & egg on rice	7.95
照燒雞肉炒飯	teriyaki chicken fried rice	7.95
明太子海鮮炒飯	seafood tobiko fried rice	9.75
美極沙文魚炒飯	salmon with maggie fried rice	9.25

<b>湯河粉麵系列</b>	<b>noodles in soup</b>
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大排擋湯麵	house special noodle in soup	6.99
牛肉麵	taiwanese style beef noodle in soup	6.99
鹽酥雞飯或湯麵	crispy salt & pepper chicken with rice or noodle soup	7.95
特式炸豬扒麵	deep fried pork chop noodle in soup	6.99
魚蛋魚片湯河粉	fish ball & fish cake rice noodle in soup	6.99
菜遠海鮮湯河粉	seafood & vegetable rice noodle in soup	6.99
沙爹牛肉湯河粉	satay beef rice noodle in soup	6.99
雞扒湯米粉	chicken steak vermicelli in soup	6.99
雜錦豆漿烏冬	special udon with mixed meat in soy milk soup	6.99
牛腩湯麵	beef brisket noodle in soup	6.50
牛奶海鮮湯烏冬	seafood with milky soup udon	7.50
雜菜雜菌豆漿烏冬	mixed vegetables & mushroom with udon in soy milk soup	6.99
冬蔭功海鮮湯麵	seafood with tom yum soup noodle	7.50

any change of noodle, add 1.00 改粉麵加\$1.00